



Apex High School Cheerleading Tryout Score Sheet

Tryout Number _____

I. CHARACTERISTICS AND SKILLS

Score (10 = excellent)

General Appearance	1	2	3	4	5	6	7	8	9	10
Attitude	1	2	3	4	5	6	7	8	9	10
Chant										
Smile/Facial Expressions	1	2	3	4	5	6	7	8	9	10
Voice Projection	1	2	3	4	5	6	7	8	9	10
Motions	1	2	3	4	5	6	7	8	9	10
Enthusiasm	1	2	3	4	5	6	7	8	9	10
Coordination	1	2	3	4	5	6	7	8	9	10
Knowledge	1	2	3	4	5	6	7	8	9	10
Interaction with Audience	1	2	3	4	5	6	7	8	9	10
Cheer										
Smile/Facial Expressions	1	2	3	4	5	6	7	8	9	10
Voice Projection	1	2	3	4	5	6	7	8	9	10
Motions	1	2	3	4	5	6	7	8	9	10
Enthusiasm	1	2	3	4	5	6	7	8	9	10
Coordination	1	2	3	4	5	6	7	8	9	10
Knowledge	1	2	3	4	5	6	7	8	9	10
Interaction with Audience	1	2	3	4	5	6	7	8	9	10
Dance										
Coordination	1	2	3	4	5	6	7	8	9	10
Knowledge	1	2	3	4	5	6	7	8	9	10
Motions	1	2	3	4	5	6	7	8	9	10
Energy	1	2	3	4	5	6	7	8	9	10
Interaction with Audience	1	2	3	4	5	6	7	8	9	10

II. JUMPS

Toe Touch										
Height	1	2	3	4	5	6	7	8	9	10
Toes Pointed	1	2	3	4	5	6	7	8	9	10
Clean (feet together)	1	2	3	4	5	6	7	8	9	10
Herkie										
Height	1	2	3	4	5	6	7	8	9	10
Toes Pointed	1	2	3	4	5	6	7	8	9	10
Clean (feet together)	1	2	3	4	5	6	7	8	9	10



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Hurdler

Height	1	2	3	4	5	6	7	8	9	10
Toes Pointed	1	2	3	4	5	6	7	8	9	10
Clean (feet together)	1	2	3	4	5	6	7	8	9	10

Pike

Height	1	2	3	4	5	6	7	8	9	10
Toes Pointed	1	2	3	4	5	6	7	8	9	10
Clean (feet together)	1	2	3	4	5	6	7	8	9	10

Multiple Jump _____

Height	1	2	3	4	5	6	7	8	9	10
Toes Pointed	1	2	3	4	5	6	7	8	9	10
Clean (feet together)	1	2	3	4	5	6	7	8	9	10

III. TUMBLING

Standing Tumbling _____	1	2	3	4	5	6	7	8	9	10
Running Tumbling _____	1	2	3	4	5	6	7	8	9	10

<u>Standing Tumbling</u>	<u>Running Tumbling</u>
2 – BHS	2 -BHS
4 – Tuck	4- Series BHS
6 – Toe Touch Tuck	6 - Tuck
8 – BHS to Tuck	8 - Layout
10 – Full	10 - Full

Grand Total _____