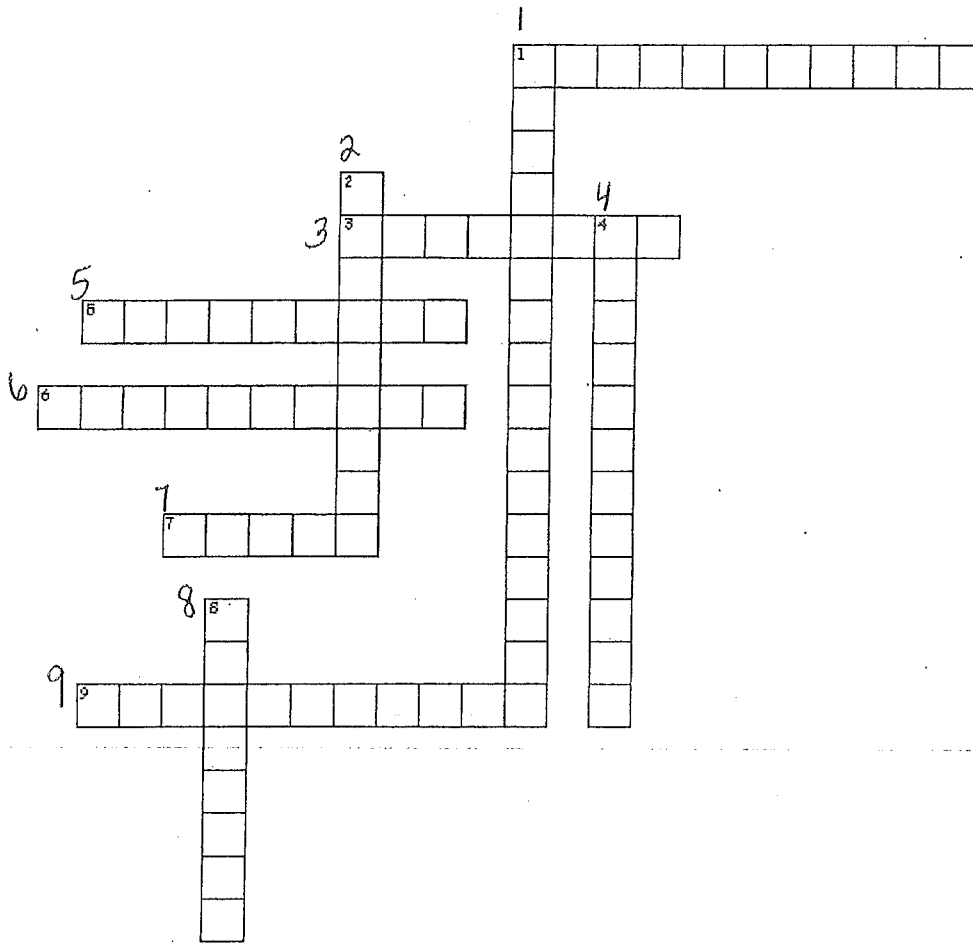


# Drugs



Across

1. Class of drugs that destroy bacteria
3. feeling of intense well-being or elation
5. physiological or psychological dependence on a drug
6. Pain relievers
7. Substances that change the structure/function of the body/mind
9. Reactions to medicine other than the one intended

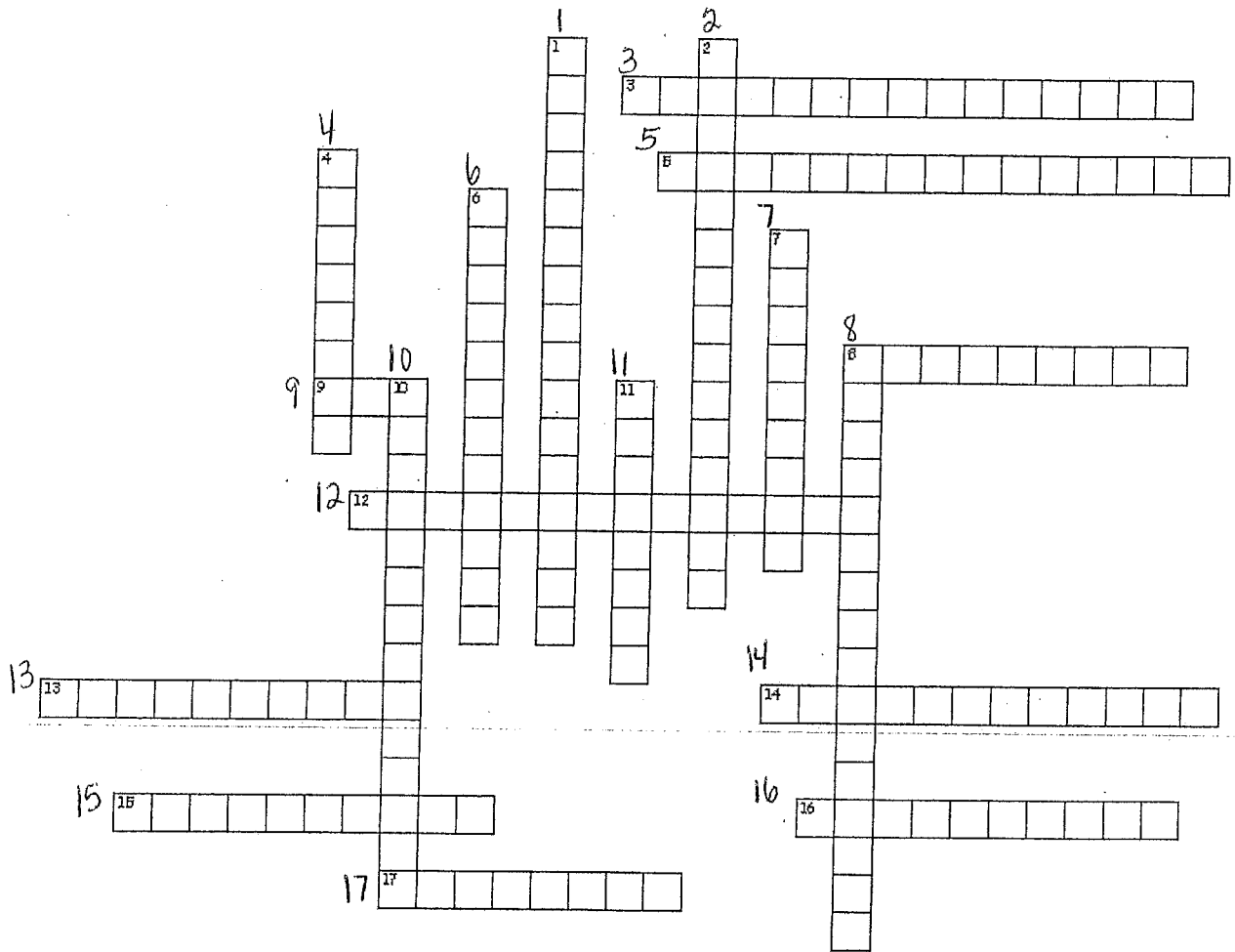
Down

1. synthetic substances similar to male sex hormones
2. Drugs used to treat or prevent diseases or other conditions
4. Substances that people may not lawfully manufacture, possess, buy, or sell
8. Strong sometimes fatal reaction to taking a large amount of a drug

\* 10 words were placed into the puzzle.

*Created by Puzzlemaker at DiscoveryEducation.com, sponsorship by Scotch.*

# Tobacco and Alcohol



Across

- 3. smoke exhaled from the lungs of a smoker
- 5. environmental tobacco smoke
- 8. drug that increases the central nervous system
- 9. thick, sticky, dark fluid produced when tobacco is burned
- 12. colorless odorless and poisonous gas
- 13. drug slows down the central nervous system
- 14. state in which the body is poisoned by alcohol and control is reduced
- 15. disease in which a person has a dependence on alcohol
- 16. cancer causing substance
- 17. addictive drug in tobacco

Down

- 1. severe and potentially fatal physical reaction to an alcohol overdose
- 2. smoke from the burning end of a cigarette, pipe or cigar
- 4. life without alcohol
- 6. excessive use of alcohol
- 7. addicts who is dependent on alcohol
- 8. tobacco that is sniffed through the nose, held in the mouth or chewed
- 10. process of treatment for dependence on a drug or alcohol
- 11. process of learning to live an alcohol-free life

## Drug Use, Misuse or Abuse Discussion

Directions: Read each statement and then decide whether the situation represents Use, Misuse or Abuse of drugs. Circle your answer.

1. Drinking 3 cups of coffee a day	Use	Misuse	Abuse
2. Drinking 7 cups of coffee a day	Use	Misuse	Abuse
3. Taking aspirin whenever one feels pain	Use	Misuse	Abuse
4. Smoking marijuana while driving	Use	Misuse	Abuse
5. Smoking marijuana at home once a week	Use	Misuse	Abuse
6. Smoking marijuana at home every day	Use	Misuse	Abuse
7. Using laxatives to lose weight	Use	Misuse	Abuse
8. Using alcohol when under age 14	Use	Misuse	Abuse
9. Having a couple beers at a party (age 21 or older)	Use	Misuse	Abuse
10. Having a couple beers at a party (age 17-19)	Use	Misuse	Abuse
11. Snorting cocaine before a job interview	Use	Misuse	Abuse
12. Snorting cocaine every month	Use	Misuse	Abuse
13. Using a doctor-prescribed tranquilizer to handle stress	Use	Misuse	Abuse
14. Taking a caffeine pill to stay awake while studying for a test	Use	Misuse	Abuse
15. Using steroids to "get bigger" for spring break	Use	Misuse	Abuse
16. Using steroids to keep playing in the NFL	Use	Misuse	Abuse
17. Taking a sedative to relax before going out on a big date	Use	Misuse	Abuse
18. LSD use by a healthy teenager	Use	Misuse	Abuse
19. LSD use by a 50 year old with terminal cancer	Use	Misuse	Abuse
20. Putting a sedative in a person's drink at a party	Use	Misuse	Abuse

## Alcohol: Truth and Fiction

Label each of the following as True or False.

1. \_\_\_\_\_ Drinking isn't all that dangerous.
2. \_\_\_\_\_ I can sober up quickly if I have to.
3. \_\_\_\_\_ I can manage to drive well enough after a few drinks.
4. \_\_\_\_\_ I'd be better off if I learned to hold my liquor.
5. \_\_\_\_\_ Alcohol gives you energy.
6. \_\_\_\_\_ Switching between beer, wine and liquor will make you more drunk than sticking to one type of alcohol.
7. \_\_\_\_\_ Everybody reacts the same to alcohol.
8. \_\_\_\_\_ It's just alcohol. It can't permanently damage you.
9. \_\_\_\_\_ It's none of your business if a friend is drinking too much.
10. \_\_\_\_\_ The worst thing that can happen is a raging hangover.
11. \_\_\_\_\_ People who drink too much only hurt themselves.
12. \_\_\_\_\_ Light beer is calorie- and fat-free.

# The Long Term Health Effects Of Alcohol

## Central Nervous System (brain and spinal cord)

- impaired senses
  - vision, hearing, dulled smell and taste, decreased pain perception
- altered sense of time and space
- impaired motor skills, slow reaction
- impaired judgment, confusion
- hallucinations
- fits, blackouts
- tingling and loss of sensation in hands and feet
- early onset dementia (alcohol related brain damage)
- Wernicke's Syndrome and psychosis (delirium)
- mood and personality changes
- feeling anxious or worried

## Circulatory System

- high blood pressure
- irregular heart beat
- damage to the heart muscle
- increased risk of heart attack and stroke

## Liver

- swollen, painful inflamed
- cirrhosis
- cancer
- fluid build up (oedema)
- increased risk of haemorrhage
- liver failure, coma and death

## Pregnancy and Babies

- fetal alcohol syndrome/fetal alcohol effects
  - small head, possible brain damage, retarded growth and development

## General Body

- weight gain
- headaches
- muscle weakness

## Gastrointestinal System

- stomach lining inflamed and irritated
- ulcers of the stomach or duodenum
- inflammation or varicose veins of the oesophagus
- loss of appetite, nausea, diarrhoea and vomiting
- cancer

## Pancreas

- painful, inflamed, bleeding.

## Intestines

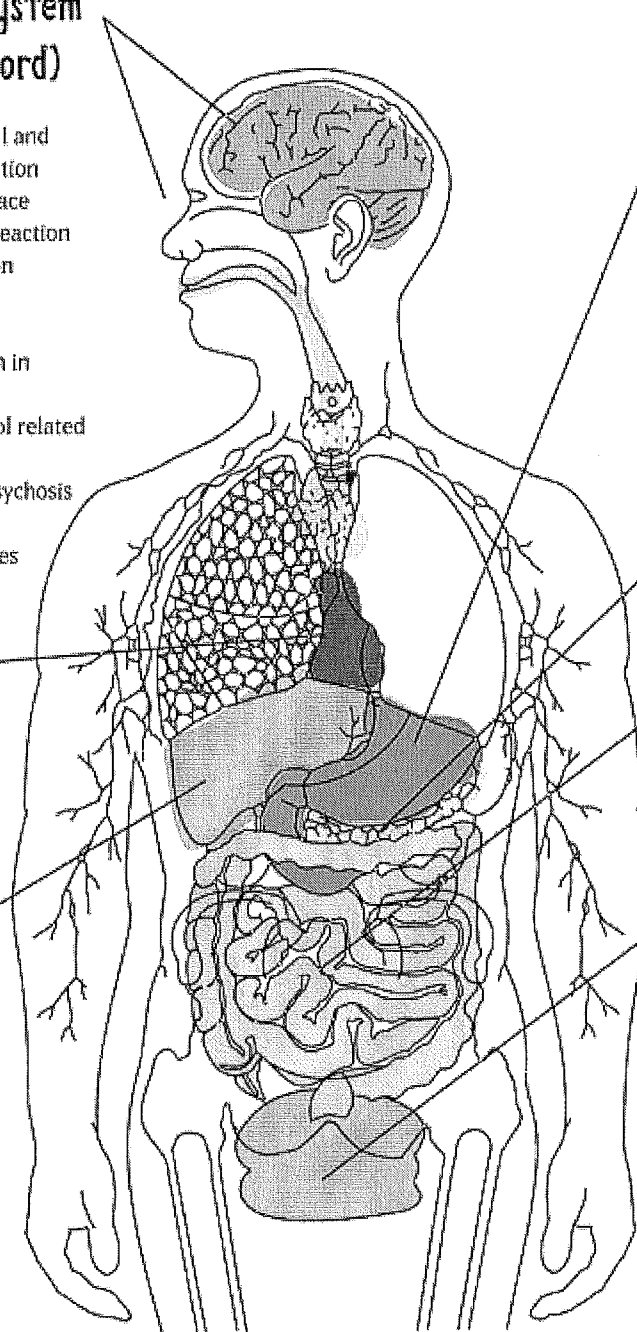
- irritation of the lining
- inflammation and ulcers
- cancer of intestines and colon

## Reproductive System

### Male and

### Female

- reduced fertility
- impaired sexual performance
- impotence
- decreased sperm count and movement
- increased risk of breast cancer in females
- early onset of menopause
- irregular menstrual cycle



# Chapter

# 13

NAME \_\_\_\_\_

CLASS \_\_\_\_\_

DATE \_\_\_\_\_

## Alcohol: A Dangerous Drug

## Reteaching

Label each item

1 = Abuse

2 = Dependence

3 = Addiction

### Section 13.3

### Alcohol Abuse and Alcoholism

#### Part I

occasionally drinking to excess  
 physical and psychological dependence on alcohol  
 strong, constant psychological desire for alcohol  
 drinking rarely, but at inappropriate times  
 needing alcohol to function socially  
 only feeling well when drinking  
 becoming abusive while drunk

unpleasant physical reaction if alcohol withdrawn  
 engaging in risky behavior while drinking  
 doing things one wouldn't do while sober  
 alcohol more important than anything else  
 substituting alcohol for food  
 driving while drinking

#### 1. ABUSE

1 = Abuse / problem drinking

#### 2. DEPENDENCE

2 = Dependence

#### 3. ADDICTION

3 = Addiction

# Chapter

# 14

NAME \_\_\_\_\_

CLASS \_\_\_\_\_

DATE \_\_\_\_\_

## Tobacco: Hazardous and Addictive Reteaching

### Section 14.1

### The Effects of Tobacco on the Body

Read each statement below. If the statement is true, write T; if it is false, write F. On the lines below, rewrite each false statement to make it true.

- \_\_\_\_\_ 1. People who smoke cigarettes become addicted to nicotine right away.  
\_\_\_\_\_
- \_\_\_\_\_ 2. More people die of AIDS each year than of smoking-related diseases.  
\_\_\_\_\_
- \_\_\_\_\_ 3. Each year, 50,000 nonsmokers die from exposure to sidestream tobacco smoke.  
\_\_\_\_\_
- \_\_\_\_\_ 4. Tobacco contains more than 401 poisonous chemicals.  
\_\_\_\_\_
- \_\_\_\_\_ 5. There is effective treatment for lung cancer.  
\_\_\_\_\_
- \_\_\_\_\_ 6. Cigarette smoking causes more than 80 percent of all cases of lung cancer in the United States.  
\_\_\_\_\_
- \_\_\_\_\_ 7. There is no such thing as a "smoker's cough."  
\_\_\_\_\_
- \_\_\_\_\_ 8. The nicotine and carbon monoxide in cigarette smoke put a large strain on the body's blood vessels, leading to cardiovascular disease.  
\_\_\_\_\_
- \_\_\_\_\_ 9. Snuff and chewing tobacco can cause cancer of the mouth and the throat.  
\_\_\_\_\_

# Effects on the Body

