

APEX HIGH SCHOOL WINTER 09-10 SPORTS SCHEDULE

Principal: Matt Wight

Head Athletic Trainer: Miles Kliewer

Asst. Athletic Trainer: Emily Scott

Athletic Director: Del Phillips

Asst. Athletic Director: Bob Wolfe

Asst. Athletic Director: Isaac Bristol

Main School Phone: 387.2208

Athletic Phone: 387.2243

JV/Varsity Mens Basketball		
Nov. 19	Millbrook	6/7:30
20	Leesville	6/7:30
24	Lee County	6/7:30
Dec. 1	Cary	6/7:30
3	Leesville	5:30/7
4	Panther Creek	6/7:30
8	Fuquay-Varina	6/7:30
15	Holly Springs	6/7:30
17	Green Hope	6/7:30
26-30	Glaxo Tournament	TBA
Jan. 5	Athens Drive	6/7:30
6	Millbrook	6/7:30
8	Middle Creek	6/7:30
12	Lee County	6/7:30
15	Cary	6/7:30
22	Panther Creek	6/7:30
26	Fuquay-Varina	6/7:30
29	East Chapel Hill#-V	7:30
29	East Chapel Hill-JV	7:30
Feb. 2	Holly Springs	6/7:30
5	Green Hope	6/7:30
9	Athens Drive	6/7:30
12	Middle Creek	6/7:30

Head Coach: David Neal

JV/V Womens Basketball		
Nov. 14	Jamboree*	9am
19	Millbrook	6/7:30
20	Leesville	6/7:30
24	Lee County	6/7:30
Dec. 1	Cary	6/7:30
3	Leesville	6/7:30
4	Panther Creek	6/7:30
8	Fuquay-Varina	6/7:30
15	Holly Springs	6/7:30
17	Green Hope	6/7:30
26-30	Glaxo Tournament	TBA
Jan. 5	Athens Drive	6/7:30
6	Millbrook	6/7:30
8	Middle Creek	6/7:30
12	Lee County	6/7:30
15	Cary	6/7:30
22	Panther Creek	6/7:30
26	Fuquay-Varina	6/7:30
29	East Chapel Hill#-V	6:00
29	East Chapel Hill-JV	6:00
Feb. 2	Holly Springs	6/7:30
5	Green Hope	6/7:30
9	Athens Drive	6/7:30
12	Middle Creek	6/7:30

Head Coach: Scott Campbell

JV/V Wrestling		
Nov. 18	Lee County	6:30
21	Cougar Classic	8am
24	Chatham Cen. Duals	4:30
Dec. 1	Millbrook JV Quad	5:00
2	Panther Creek	6:30
5	Cougar Quad	8am
9	Fuquay-Varina	6:30
12	Wolverine Tournament	8am
22	Mark Adams Classic	8am
23	Mark Adams Classic	8am
Jan. 2	N.Dur. Tourn	8am
7	Holly Springs	6:30
8	Boneyard Bash	4:00
9	Boneyard Bash	8am
13	Green Hope	6:30
16	Middle Crk Tourn.	8am
27	Athens Drive	6:30
30	Green Hope Tourn.	8am
Feb. 3	Middle Creek	6:30
6	Conf. Tournament	TBA

Head Coach: Russ Duncan



HOME EVENTS IN BOLD

#Endowment

*Scrimmage

Swimming/Diving		
Nov. 17	Swim Meet	7:00
	TAC	
20	Diving Meet	5:30
	At NCSU	
Dec. 3	Swim Meet	6:00
	At NCSU	
10	Swim Meet	7:00
	TAC	
11	Diving Meet	5:30
	NCSU	
17	Swim Meet	5:00
	Campbell	
Jan. 7	Swim Meet	6:00
	NCSU	
8	Diving Meet	5:30
	NCSU	
12	Swim Meet	7:00
	TAC	
22	Diving Conf. Meet	1:00
	At NCSU	
23	Swimming Conf. Meet	12:00
	TAC	

Head Coach: Tim Kane

Gymnastics		
Dec. 4	Superior Gymnastics	7:30
18	Apex Gymnastics	7:30
Jan. 15	N. Raleigh Gymnastics	7:30
22	Conf. Meet	7:30
	Impact Gymnastics	

Head Coach: Jean Sciacca

Indoor Track		
NCHSAA		TBA
State Meet		
UNC Chapel Hill		

Head Coach: Roy Cooper