



Apex High School Healthful Living

1501 Laura Duncan Road
Apex, NC 27502
Phone: 387.2241



Dear Parents:

We are pleased to inform you that your child will be offered an Abstinence Until Marriage Unit in his/her Healthful Living class. This unit reflects an abstinence until marriage focus as required by the North Carolina State Board of Education. This curriculum has been designed to provide students with the information, decision-making, and resources that will encourage thoughtful and responsible behavior.

A variety of teaching techniques will be used during this unit including lecture, discussion, small group projects, and several parent/student homework assignments. These parent/student homework assignments have been designed to encourage increased levels of communication and to create opportunities for dialogue.

The materials used in the program are available in Student Services for your review. We believe the abstinence until marriage focus of the curriculum will be a valuable asset for your child. However, we will honor any requests by you to have your child excused from all or part of the unit. There will be no academic penalty for doing so. In this case, an alternative health assignment will be given.

Return this form if you **do not** wish your child to participate in the Abstinence Until Marriage Unit.

Thank-you,
The Apex High School Healthful Living Department

My child _____ **does not** have permission to participate in the Abstinence Until Marriage Unit. I understand that my child will not be penalized, but will be given an alternative health education assignment.

Parent Signature

Date